

January 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 New Year's Day	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18 M L King Day	19	20	21	22	23
24	25	26	27	28	29	30
31						

February 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12	13
14 Valentine's Day	15 Presidents' Day	16	17	18	19	20
21	22	23	24	25	26	27
28						

March 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

April 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2 Good Friday	3
4 Easter Sunday	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19 Team Meeting Seniors 2:30 All Others 3:15	20 No Football	21 No Football	22 No Football	23 No Football	24
25	26 Wt. Room Max 2:30-4:00 Lift Group A	27 Wt. Room Max 2:30-4:00 Lift Group B	28 Wt. Room Max 2:30-4:00 Lift Group A	29 Wt. Room Max 2:30-4:00 Lift Group B	30 Wt. Room Max 2:30-4:00 Make up	

May 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 Off Season Program 2:30-4:30	4 Off Season Program 2:30-4:30	5 Football School 2:30- 4:30	6 Off Season Program 2:30-4:30	7 Off Season Program 2:30-4:30	8
9 Mother's Day	10 Off Season Program 2:30-4:30	11 Off Season Program 2:30-4:30	12 Football School 2:30- 4:30	13 Off Season Program 2:30-4:30	14 Off Season Program 2:30-4:30	15
16	17 Off Season Program 2:30-4:30	18 Off Season Program 2:30-4:30	19 Football School 2:30- 4:30	20 Off Season Program 2:30-4:30	21 Off Season Program 2:30-4:30	22
23	24 Off Season Program 2:30-4:30	25 Off Season Program 2:30-4:30	26 Football School 2:30- 4:30	27 Off Season Program 2:30-4:30	28 Off Season Program 2:30-4:30	29
30	31 Memorial Day					

June 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Lift/Condition 2:30-4:00 Practice 4:15-6:00	2 Lift/Condition 2:30-4:00 Practice 4:15-6:00	3 Lift/Condition 2:30-4:00 Practice 4:15-6:00	4 Off Season Program 2:30-4:30	5
6	7 Lift/Condition 2:30-4:00 Practice 4:15-6:00	8 Lift/Condition 2:30-4:00 Practice 4:15-6:00	9 Lift/Condition 2:30-4:00 Practice 4:15-6:00	10 Lift/Condition 2:30-4:00 Practice 4:15-6:00	11 Off Season Program 2:30-4:30	12
13	14 Lift/Condition 2:30-4:00 Practice 4:15-6:00	15 Lift/Condition 2:30-4:00 Practice 4:15-6:00	16 Lift/Condition 2:30-4:00 Practice 4:15-6:00	17 Lift/Condition 2:30-4:00 Practice 4:15-6:00	18 Off Season Program 2:30-4:30	19
20 Father's Day	21 Lift/Condition 2:30-4:00 Practice 4:15-6:00	22 Lift/Condition 2:30-4:00 Practice 4:15-6:00	23 Lift/Condition 2:30-4:00 Practice 4:15-6:00	24 Lift/Condition 2:30-4:00 Practice 4:15-6:00	25 Off Season Program 2:30-4:30	26
27	28 Lift/Condition 2:30-4:00 Practice 4:15-6:00	29 Lift/Condition 2:30-4:00 Practice 4:15-6:00	30 No Practice			

July 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 No Practice	2 No Practice	3
4 Independence Day	5 No Practice	6 Lift/Condition 2:30-4:00 Practice 4:15-6:00	7 Lift/Condition 2:30-4:00 Practice 4:15-6:00	8 Lift/Condition 2:30-4:00 Practice 4:15-6:00	9	10
11	12 Lift/Condition 2:30-4:00 Practice 4:15-6:00	13 Lift/Condition 2:30-4:00 Practice 4:15-6:00	14 Lift/Condition 2:30-4:00 Practice 4:15-6:00	15 Lift/Condition 2:30-4:00 Practice 4:15-6:00	16	17
18	19 Lift/Condition 2:30-4:00 Practice 4:15-6:00	20 Lift/Condition 2:30-4:00 Practice 4:15-6:00	21 Lift/Condition 2:30-4:00 Practice 4:15-6:00	22 Lift/Condition 2:30-4:00 Practice 4:15-6:00	23 No Practice	24
25	26 No Practice	27 No Practice	28 No Practice	29	30	31

August 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Fall Camp Practice 1	3 Fall Camp Practice 2	4 Fall Camp Practice 3	5 Fall Camp Practice 4	6 Fall Camp Practice 5	7 Fall Camp Practice 6
8	9 Fall Camp Practice 7	10 Fall Camp Practice 8	11 Fall Camp Practice 9	12 Fall Camp Practice 10	13 Fall Camp Practice 11	14 Inter-Squad Scrimmage Pancake Breakfast
15	16 Fall Camp Practice 13	17 Fall Camp Practice 14	18 Fall Camp Practice 15	19 Fall Camp Practice 16	20 Scrimmage TBD	21
22	23	24	25	26	27 @ Gahr	28
29	30	31				

September 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3 OPEN	4
5	6 Labor Day	7	8	9	10 Mira Costa	11
12	13	14	15	16	17 OPEN	18
19	20	21	22	23	24 @ Valencia	25
26	27	28	29	30		

October 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Northview	2
3	4	5	6	7	8 Firebaugh	9
10	11 Columbus Day	12	13	14	15 La Mirada	16
17	18	19	20	21	22 BYE	23
24	25	26	27	28	29 @Norwalk	30
31 Halloween						

November 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5 @Bellflower	6
7	8	9	10	11 Veterans Day	12	13
14	15	16	17	18	19	20
21	22	23	24	25 Thanksgiving Day	26	27
28	29	30				

December 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25 Christmas
26	27	28	29	30	31	